

Sometimes it's hard to see what we can do to give 'Mother Nature' a helping hand?

One of the easiest ways you can help, is by growing and planting a native tree! Growing trees can really help nature recover and improve the natural environment where you live, for both wildlife and people, for generations to come!

Growing trees from locally-collected tree seeds is the best way to do this, and can be great fun at the same time! You are never too young, or too old, to learn how to collect and grow your own trees from seeds.

This handy little guide will explain a little more about: **WHY** we should be planting more trees; **WHO** can get involved; **WHAT** you need to do to get started; **WHEN** is the best time to plant; and, **WHERE** the best places are to plant your seedlings.

So, grow on, why not give it a go?





### Climate Change! | Loss of Habitat! Greenhouse Gases! | Pollution! Carbon Emissions!

Changes to the Earth's weather and climate happen naturally over time; but some of the changes happening right now are because of increasing human population and activities.

The build up of man-made gases in the atmosphere trap the sun's heat, which is causing weather patterns around the world to change. These, in turn, are changing the natural environment in which we all live!

One way we can play our part in changing this, is by managing the land and our environment to help find natural solutions, which, in turn, have a positive effect on our climate.

Planting trees, can help in reducing carbon dioxide from the atmosphere and create more habitats for wildlife, such as: birds, insects and many animals.

### Want to learn more?

www.cornwallwildlifetrust.org.uk/climatechange





# Anyone can collect and grow a tree from seed!

It's really easy and great fun to do, either on your own, with friends, or with your family.

Fun fact:

BLACKTHORN - in Celtic myth, this was said to be a home to fairies and was thought to be a magical tree

We would recommend you collect in natural woodlands rather than gardens and estates where ornamental or foreign trees will have been planted.

You can also get involved with a local community group, or, maybe, your school, putting all your collected seeds or locally-grown saplings together, for a larger community woodland planting; possibly in your own school grounds, or in a park or other recreational area?

Cornwall Wildlife Trust plants many hundreds of trees on farmland each year, so you could get involved with other, Cornwall Wildlife Trust volunteers and help plant the trees you've grown?

If you don't have anywhere to plant your seeds or saplings, the Trust will be happy to grow them on for you, either on a nature reserve, or land managed by one of its partners.



www.cornwall.gov.uk/ environment-and-planning/ grow-nature/about/forestfor-cornwall-programme/



### So, what do you do and when do you get started?

**First of all**, you'll need some containers in which to grow your seeds. If you can, try to re-use any old pots you can find, rather than buying new ones. Re-using old pots is a great way of helping the environment, by stopping them going into land-fill!

### Be creative...

You can re-purpose things you use at home for planting, such as: yoghurt pots, plastic bottles and even toilet roll tubes!



**Next,** if you have your own compost bin, here's the ideal opportunity to put its contents to good use. Failing that, bags of soil are readily available to buy from your local garden centre, but do choose carefully. Look for recycled or composted plant

material, with coconut fibre as a good alternative, but do try to avoid using peat (even partpeat mixes) as the environmental damage caused by depleting the peat bogs could off-set all the positive effects of your tree-planting initiative!

**OK, now the fun really begins;** it's time to pull on your wellies and go seed hunting!

The very best time to collect tree seeds, is between September and mid-October. Tree seeds come in all shapes and sizes. You can check and identify the many different species available to collect in Cornwall, by looking at the list on the following pages, or contacting Cornwall Wildlife Trust.

There are lots to find and choose from but remember, if you see two seeds, just pick up one and leave the other the opportunity to develop naturally just where it fell.

So, get collecting and get growing...

#### The circle of life begins afresh

Some of your seeds can be placed directly into a pot of soil, but others will need the flesh of surrounding berries removed and a dormant phase of at least one winter before planting. This is known as stratification. The seeds will also grow at different rates, some barely peeping above the soil while others race skyward with impressive speed. This is quite normal and, provided they have access to sunlight and are watered regularly, they'll soon develop into healthy young saplings.

# Fun fact:

Sink or swim... To check if your collected acorns are healthy, drop them into a bucket of water – any that float should be discarded as they will not grow.



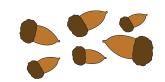


Growing your seeds: it's as easy as 1-2-3...



2

Plant them out in pots and containers.



3

Grow the seedlings, until they are strong.





Once you've planted you seedlings, let us know, by registering them on:

www.erccis.org.uk/GrowMoreTrees



Plant out in a recommended location





#### What trees can I find in Cornwall:

here's a selection of trees and large shrubs which can be found growing naturally in Cornwall.



I'm ready after.

**2-3 YEARS** 

#### When to collect me

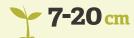
JAN	FEB	MAR	APR
MAY	JUN	JUL	AUG
SEP	OCT	NOV	DEC

### How to look after me

Put cones on small tray in warmth so cones open – small seeds are then stored till planting.

NOTE: Pick cones before they ripen – Adult supervision required beside rivers & ponds.

Look how much I can grow after one year





Im ready after.

**1-2** YEARS

#### When to collect me

JAN	FEB	MAR	APR
MAY	JUN	JUL	AUG
SEP	OCT	NOV	DEC

### How to look after me

Store in mix of sand & damp leaf-litter in flower-pot for up to 18 months before planting.

NOTE: Pick ripe (dark purple) sloes, but watch out for those thorns..!

Protect stratifying seed from mice with wire-mesh.

Look how much I can grow after one year





I'm ready after.

**1-2** YEARS

#### When to collect me

SEP	OCT	NOV	DEC
MAY	JUN	JUL	AUG
JAN	FEB	MAR	APR

#### How to look after me

Store in mix of sand & damp leaflitter in flower-pot over winter, before planting. NOTE: Pick ripe (dark purple) berries. Protect stratifying seed from mice with wire-mesh.

Look how much I can grow after one year





I'm ready after.

**2-4**YEARS

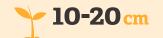
#### When to collect me

JAN	FEB	MAR	APR
MAY	JUN	JUL	AUG
SEP	OCT	NOV	DEC

### How to look after me

Plant straight away in pots. *NOTE: Collect acorns on ground.* 

Look how much I can grow after one year





I'm ready after.

**1-2** YEARS

#### When to collect me

JAN	FEB	MAR	APR
MAY	JUN	JUL	AUG
SEP	OCT	NOV	DEC

### How to look after me

Store in mix of sand & damp leaf-litter in flower-pot for up to 18 months before planting.

NOTE: Pick ripe (red) berries. Protect stratifying seed from mice with wire-mesh.

Look how much I can grow after one year





What trees can I find in Cornwall:

here's a selection of trees and large shrubs which can be found growing naturally in Cornwall.



I'm ready after.

**1-2** YEARS

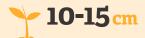
When to collect me

JAN	FEB	MAR	APR
MAY	JUN	JUL	AUG
SEP	OCT	NOV	DEC

### How to look after me

Store in mix of sand & damp leaflitter in flower-pot over winter, before planting. NOTE: Pick ripe (brown) nuts or collect from ground. Protect stratifying seed from mice & squirrels with wire-mesh.

Look how much I can grow after one year





Im ready after.

**2-4 YEARS** 

When to collect me

JAN	FEB	MAR	APR
MAY	JUN	JUL	AUG
SEP	OCT	NOV	DEC

### How to look after me

Store in mix of sand & damp leaf-litter in flower-pot for up to 18 months before planting. NOTE: Pick ripe (red) berries. Protect stratifying seed from mice with wire-mesh.

Look how much I can grow after one year





I'm ready after.

**1-2** YEARS

When to collect me

JAN	FEB	MAR	APR
MAY	JUN	JUL	AUG
SEP	OCT	NOV	DEC

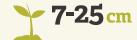
### How to look after me

Store in mix of sand & damp leaf-litter in flower-pot for up to 6 months before planting.

NOTE: Pick ripe (orange) berries.

Protect stratifying seed from mice with wire-mesh.

Look how much I can grow after one year





I'm ready after.

3-5 YEARS

When to collect me

SEP	OCT	NOV	DEC
MAY	JUN	JUL	AUG
JAN	FEB	MAR	APR

### How to look after me

Plant straight away in pots. *NOTE: Collect acorns on ground.* 

Look how much I can grow after one year



## WHAT NOT TO PLANT

#### Ash

Although it is a native and is easy to grow, there is the shadow of disease hanging over this species.

#### Yew

As seeds and leaves are poisonous.

There is a need to plant many types of trees, some of which are seen in our daily lives.

However, here, we are focussing on those trees native to Cornwall.

If in any doubt, please seek advice by contacting Cornwall Wildlife Trust.

# WHERE?

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# Planting your tree in the right place.

Planting new trees is important for wildlife and our natural environment, but where you plant your tree is just as important!

There are many different types of landscape where trees might be planted around Cornwall - but it's really important to both wildlife and habitats that your tree is planted where it will give the most benefit.

To help you find the best place to plant your tree, and to help you avoid the places you shouldn't, take a look at our handy 'at a glance' graphic, which shows you where to plant, where not to plant, and where to get further advice.

### Want to learn more?

www.cornwallwildlifetrust.org.uk/ what-we-do/our-conservation-work/ on-land/tree-planting



## Existing woodland

As established woodland is already highly valuable for wildlife, natural regeneration may be more appropriate than further tree planting. Retention of woodland clearings and choice of suitable species is key to maximising wildlife interest.

### Old grassland

Unimproved or species-rich grasslands are important for wildflowers, fungi and insects. They also already store carbon. Additional trees can shade out existing species and be detrimental to wildlife, resulting in a net loss of biodiversity.

# Natural regeneration

Natural regeneration is a low carbon alternative to tree planting; supplementary planting where this is already happening is not necessary.

# Hedges

Some hedges may provide suitable spots for planting additional trees, though it is important to avoid hedges already rich in wildflowers or heathers, as these can provide important links between existing habitats.



Maximise wildlife interest by choosing native, broadleaved trees and shrubs; planting in wavy edged blocks; retaining some clearings and ensuring new trees are protected and maintained.

## Productive Farmland

where tree planting is not an option, management changes can help reduce carbon emissions, e.g. through good soil management, deep rooted seed mixes or change to permanent pasture.

### **Wetlands**

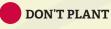
Wetlands, such as marshy grassland, flushes, fen and bog are important for wildlife. They already store carbon and can be dried and shaded out by tree planting, resulting in a net loss of biodiversity.

### **Orchards**

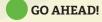
As well as providing a food crop, fruit trees can be very valuable for wildlife. Seek advice if planning to restore an established orchard to ensure any existing wildlife, landscape or historic interest is considered.



Tree Key:



SEEK ADVICE



Never plant your seeds or saplings without landowners permission



### Historic landscapes

Historic or landscape features, such as elevated areas or mounds and disused mine sites should not be planted with trees.

### Near streams

Streamside tree planting creates wildlife corridors and spaces that hold water and reduce flooding, but it is important not to encroach upon already important wetland

#### Tree Key:



**SEEK ADVICE** 



GO AHEAD!

Never plant your seeds or sapling without the landowners permission

### Urban areas

Trees can be planted in public open spaces in towns or villages to benefit wildlife.

# Arable field

Arable field corners, particularly if inaccessible or hard to cultivate. can be suitable for tree planting: farmers may be able to access grants to take these areas out of production.

### **Parkland**

(widely spaced trees in and often historic value. large grassland areas.

### Near Adjoining habitats

If planting close to existing habitats, consider using buffers and use only tree and shrub species that won't spread into other valuable or wetland.

### Heath & moorland

Heathland and moorland are hugely important habitats that already store carbon; planting trees on them would shade out existing species and reduce wildlife interest.

### **Agroforestry**

can play a role in productive farmland, e.g. cluster of trees, or allowing natural regeneration along a hedge in productive grassland can increase wildlife benefit whilst providing shelter for livestock.







## Planting for life: watch your trees grow

Planting trees from seed is a generous and giving act, made on behalf of future generations. Once done, the benefits can last a lifetime and beyond. Your trees will grow and develop just like you.

11.5 metres

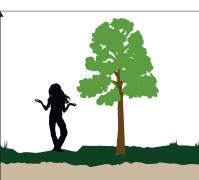


4.5 metres

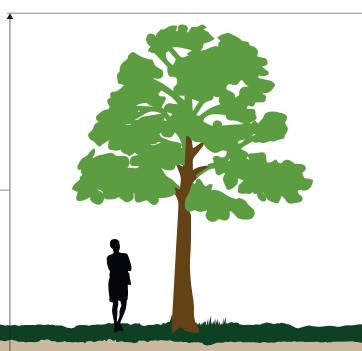
**0.3** metres



2 years



**15** years



**40** years



85 years



# **KOOS RAG KERNOW**

Forest for Cornwall

The Forest for Cornwall (Koos rag Kernow) conceived by Cornwall Council, is an ambitious tree planting project with the principle aim of fighting climate change. When complete it's hopes it will cover approximately 8,000 hectares that's about 2% of Cornwall's land area.

### Want to learn more?



www.cornwall.gov. uk/environment-andplanning/grow-nature/ about/forest-forcornwall-programme

### Fethow Didhanus Fun facts:

**OAK** - this tree can live for over 700 years and is called the King of the forest!'

**In Cornish** - collecting acorns would be called

'Mesa'

# Fethow Didhanus Funfacts:

Learn the Cornish names for some of our more familiar trees

Alder

Gwernen

Blackthorn

Spernen dhu

Elder

Skawen

**English Oak** 

Derowen Pow Sows Hawthorn

Spernen wynn

Hazel

Kollen

Holly

Kelynnen

Rowan

Kerdhinen

Sessile Oak

Derowen Kernow

# Fethow Didhanus Fun facts:

Place-names including tree names

Clann (Lanivet) = Kellilann <kelli> grove, copse <lann> enclosure

**Penhallick (Illogan) =** Pennhelyk <penn> **end** <helyk> **willows** 

Luthergwarne (Madron) = Ledergwern < leder> cliff, steep slope < gwern> alder trees

**Lower Penscawn (Saint Enoder) =** Pennskawen Woles <penn> **end** <skawen> **willows** <woles> **lower** 

**Boscawen (St Austell) =** Bosskawen <br/>
<br/> **dwelling** <skawen> **elder tree** 

Tregolls (St Clement) = Tregollas <tre> farmstead, settlement <kollas> hazel grove





You can find out more information by contacting any of the scheme partners below:



www.cornwallwildlifetrust.org.uk volunteering@cornwallwildlifetrust.org.uk



www.cornwall.gov.uk ForestforCornwall@cornwall.gov.uk

