

Marazion Spring

2020 / 2021 Menu Week 1



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|--|--|
| Hot Main Dish | Cheese & Tomato Pizza with Dough Balls Cheesy tomato topped pizza slice | Macaroni Cheese Traditional Mac N Cheese, Delicious macaroni in a creamy cheese sauce | Roast Chicken with Roast Potatoes Or Quorn Roast with Roast Potatoes | Beef or Veggie Lasagne With garlic and herb Bread wedge | Golden Fish Fingers and Chips Or Quorn Nuggets and Chips |
| Jacket Potato | Choice of 2 fillings | Choice of 2 fillings | Choice of 2 fillings | Choice of 2 fillings | Choice of 2 fillings |
| Cold Option | Packed Lunch Ham or Egg Mayo Sandwich | Packed Lunch Turkey or Cheese Bap | Packed Lunch Ham or Houmous Wrap | Packed Lunch Turkey or Tuna Sandwich | Packed Lunch Ham or Cheese Bap |
| Vegetables | Green Beans and Sweetcorn | Peas and Broccoli | Peas and Carrots | Sweetcorn and Broccoli | Carrot, Cucumber and Pepper Sticks |
| Desserts | Chocolate Brownie Fresh Fruit Yoghurt | Oatie Cookie Fresh Fruit Yoghurt | Strawberry Swirl Sponge Fresh Fruit Yoghurt | Chocolate Slice Fresh Fruit Yoghurt | Orange Shortbread Biscuit Fresh Fruit Yoghurt |
| Cool Water, Fresh Fruit and Yoghurt served daily | | | | | |



Marazion Spring

2020 / 2021 Menu Week 2



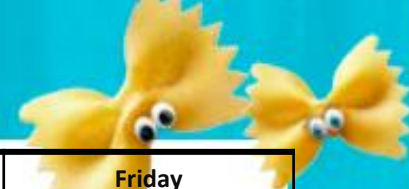
| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------|---|---|---|--|---|
| Hot Main Dish | Cheese & Tomato Pizza with Dough Balls Cheesy tomato topped pizza slice | Tomato Pasta Bake Fresh, homemade tomato and basil sauce with penne pasta | Roast Pork with Roast Potatoes Or Quorn Roast with Roast Potatoes | Bacon all day Breakfast With potato wedges A yummy all day breakfast with Bacon and potato wedges | Southern Fried Chicken and Chips Or Quorn Nuggets and Chips |
| Jacket Potato | Choice of 2 fillings | Choice of 2 fillings | Choice of 2 fillings | Choice of 2 fillings | Choice of 2 fillings |
| Cold Option | Packed Lunch Ham or Egg Mayo Sandwich | Packed Lunch Turkey or Cheese Bap | Packed Lunch Ham or Houmous Wrap | Packed Lunch Turkey or Tuna Sandwich | Packed Lunch Ham or Cheese Bap |
| Vegetables | Sweetcorn, Broccoli and Cauliflower | Green Beans and Carrots | Peas and Sweetcorn | Baked Beans and Sweetcorn | Carrot, Cucumber and Pepper Sticks |
| Desserts | Crunchy Chocolate Biscuit Fresh Fruit Yoghurt | Raspberry Ripple Cake Fresh Fruit Yoghurt | Shortbread Biscuit Fresh Fruit Yoghurt | Chocolate Cake Fresh Fruit Yoghurt | Oatie Biscuit Fresh Fruit Yoghurt |

Cool Water, Fresh Fruit and Yoghurt served daily



Marazion Spring

2020 / 2021 Menu Week 3



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------|---|--|---|---|--|
| Hot Main Dish | Cheese & Tomato Pizza with Dough Balls Cheesy tomato topped pizza slice | Cottage Pie Home cooked mince beef and onions with a crispy potato topping | Roast Turkey with Roast Potatoes Or Quorn Roast with Roast Potatoes | Chinese Veggy Noodles Egg noodles with stir fried vegetables | Golden Fish Fingers and Chips Or Quorn Nuggets and Chips |
| Jacket Potato | Choice of 2 fillings | Choice of 2 fillings | Choice of 2 fillings | Choice of 2 fillings | Choice of 2 fillings |
| Cold Option | Packed Lunch Ham or Egg Mayo Sandwich | Packed Lunch Turkey or Cheese Bap | Packed Lunch Ham or Houmous Wrap | Packed Lunch Turkey or Tuna Sandwich | Packed Lunch Ham or Cheese Bap |
| Vegetables | Broccoli and Sweetcorn | Peas and Carrots | Sweetcorn and Peas | Cauliflower, Broccoli and Carrots | Carrot, Cucumber and Pepper Sticks |
| Desserts | Raspberry Yoghurt Cake Fresh Fruit Yoghurt | Fruity Apricot Bar Fresh Fruit Yoghurt | Flapjack Fresh Fruit Yoghurt | Chocolate Apricot Brownie Fresh Fruit Yogurt | Shortbread Biscuit Fresh Fruit Yoghurt |

Cool Water, Fresh Fruit and Yoghurt served daily

