

RAINBOW SUMMER 2020 IDEAS



- ✓ **ALL you need is EMPOWERMENT**
You are all superheroes! Draw yourself as a superhero and give yourself a superhero name
- ✓ **Say THANKYOU to SOMEONE SOMEHOW**
The picture above is amazing! It seems to be saying thank you to the brave, magnificent superhero army of NHS workers. Can you draw a picture that says thank you without writing the word thank you?
- ✓ **'These are the Hands' by Michael Rosen**
It was the 72nd anniversary of the NHS on Sunday 5th July – there was another Clap for Carers at 5pm on that day. Follow the link below to watch/listen to Michael Rosen read his poem 'These are the Hands,' which was written to celebrate the 60th anniversary of the NHS
<https://www.youtube.com/watch?v=vb3vKDyQ244>
- ✓ **DESCRIBE lockdown in 5 WORDS**
For example, much stronger than I thought; eating as a family daily; walking and breathing fresh air; Banff mountain films for free; family quiz nights on Zoom
- ✓ **PONDER over some wise words from Tom Hanks**
We can have an understanding of yesterday, we can have a plan for today and we can have hope for forever...